























Menu 3

	Lunch	Tea
Monday	Beef goulash and rice  Choice of fruit	Sweet and sour noodles  Orange shortbread or yoghurt pots  
Tuesday	Chicken and chorizo paella   Apple strudel and custard or yoghurt pots   	Pasta Bolognese   Choice of fruit
Wednesday	Sausage mashed potato and peas  Choice of fruit	BLT  Gingerbread or orange shortbread  
Thursday	Vegetable soup and homemade bread   Sultana sponge or yoghurt pots  	Chicken Kiev's with carrots and broccoli   Choice of fruit
Friday	Pork bean and sweet potato curry and rice Choice of fruit	Fish piece, roasted vegetables and potatoes  Gingerbread or sultana sponge 