

## Recipe of the month

### Creamy turkey & sweetcorn crumble

Serves family of 4

3 turkey steaks, 1 tin of sweetcorn  
25g flour, 25g butter, 600ml milk  
125g oats, 75g self raising flour, 75g  
butter, 75g grated cheese



Cook the turkey in the oven for approx. 20 minutes until the juices run clear.

To make the sauce, melt the butter and stir in the flour. Gradually whisk in the milk to make a thick sauce.

Cut the turkey into small pieces and add it to the sauce along with the sweetcorn. Place in an oven proof dish.

To make the crumble, rub together all the ingredients until it resembles breadcrumbs. Sprinkle on top of the turkey mix and cook in the oven at 200°C for 30 minutes.

## Change of information

Attached to this newsletter is a change of information form for you to return if there are any changes that we should know about.

## Sure Start Children's Centre Parenting Support Drop-In

If you would like advice, information or just a friendly ear then pop into Newtown Road Nursery for an informal chat with Jo or

Wendy from our local  
Sure Start Children's  
Centre on Tuesday 13th  
January from 12.45pm  
–1.45pm.

**Sure Start  
Children's  
Centres**

## Local events & activities at home

- Attend 'Family Friendly Sunday' at Tullie House Museum on Sunday 18th January. There will be lots of activities for all ages to take part in and enjoy.
- We have attached a Smile4Life activity for your child to complete. The activity aims to help to encourage the children's interest in tooth brushing and oral hygiene.



## January

**Topic:** Winter **Colour:** Silver **Role Play Area:** Indian Restaurant

**Preschool Phonic of the Week:** See notice board

## Nursery activities

During January there will be lots of events for the children to join in and celebrate. They include:

W/C 5th January: Elvis Presley was born on the 8th January 1935. We will celebrate this by playing with musical instruments. We will also create snowflakes and mittens to hang up around nursery.

W/C 12th January: A.A Milne, the creator of Winnie the Pooh was born on the 18th January 1882. We will mark this by baking some honey cakes. We will also use different coloured and scented play dough to create penguins.

W/C 19th January: To celebrate Bunn's Night on the 25th we will dance to Scottish music and taste Scottish food. We will also play with different coloured ice blocks and problem solve how to remove objects from them.

W/C 26th January: To celebrate Indian Republic Day on 26th we will cook curry and decorate our Indian restaurant. We will also enjoy 'Frozen' themed puzzles and games.

