



This month's topic is **Spring** and the colour we are learning about is **yellow**.

During March, the children will be also be given the opportunity to join in and celebrate lots of different events. They include:

W/B 2nd March - The children will be exploring the colour yellow. The children can bring in their favourite books this week. They can also dress up as their favourite book character for World Book Day on Thursday 5th March.

W/B 9th March - The children will be learning about Spring animals and their young. The children will also be making cards and gifts to give to someone special on Mother's Day on 15th March.

W/B 16th March - The children will be exploring their growth and recording their height on a height chart. The children will also be making four leaved clovers and listening to Irish music to celebrate St Patrick's Day on 17th March

W/B 23rd March - The children will be planting seeds and talking about what plants need to grow. The children will also be recording the weather each day on a weather chart for World Weather Day on 23rd March.

Local events and home activities

- Grow some cress or a tomato plant indoors and use them in cooking at home.
- Along with the bedtime story why not share your favourite childhood story with your child.
- Visit the 'Made in Cumbria Farmers Market' in the town centre on Friday 6th March from 9.30am until 3.30pm.

Red Nose Day

On Friday 13th March bring your child dressed in something red and if you wish, donate 50p to go towards Red Nose Day. The children will be engaging in lots of Red Nose Day activities throughout the day.



World Book Day

On Thursday 5th March we are dressing up as characters from our favourite books for World Book Day. We are looking forward to seeing all your children's costumes

Allergy changes

According to Food Information Regulations 2014 we now have to provide written information of the main 14 allergens that may be in our food at nursery. This information is in the entrance hallway.

Recipe of the month

Pesto bread

50g grated parmesan	30g fresh basil
1 clove of garlic	100ml olive oil
300g strong white flour	1 level tsp salt
1 1/2 tsp dried yeast	1 tsp sugar
Tepid water	

To make the pesto, blend together parmesan, garlic, basil and oil to form a paste. Mix together 150ml tepid water, sugar & yeast and leave in a warm place for approximately 30 minutes.

Add the yeast mixture to the flour, salt and pesto. Gradually add more tepid water to form a dough. Knead well, then shape into a loaf. Leave to rise in a warm place for approximately 30 minutes.

Place in the oven on a baking tray at 200c for 30 minutes.

2year old children

At certain times of the academic year it is sometimes difficult for some 2 year olds to move to the downstairs playroom. We always ensure that the children stay with their friends and engage in age appropriate activities. Please talk to Rachel if you have any questions.