



























Menu 1

	Lunch	Tea
Monday	BLT  Choice of fruit	Fish piece with roasted vegetables and potatoes  Orange shortbread or yoghurt pots  
Tuesday	Beef goulash and rice  Gingerbread or orange shortbread   	Chicken Kiev's with carrots and broccoli   Choice of fruit
Wednesday	Vegetable soup and homemade bread   Choice of fruit	Chicken and chorizo paella   Apple strudel and custard or yoghurt pots   
Thursday	Pasta Bolognese   Gingerbread or sultana sponge   	Pork, bean and sweet potato chilli and rice Choice of fruit
Friday	Sausage, mashed potato, peas and gravy  Choice of fruit	Sweet and sour noodles    Sultana sponge or yoghurt pots 