














Menu 3

	Lunch	Tea
Monday	Vegetable soup and homemade bread  Choice of fruit	Sweet and sour noodles  Orange shortbread or yoghurt pots 
Tuesday	Chicken and chorizo paella  Apple strudel and custard or yoghurt pots 	Fish piece, roasted vegetables and potatoes  Choice of fruit
Wednesday	Sausage mashed potato and peas  Choice of fruit	BLT  Gingerbread or orange shortbread 
Thursday	Beef goulash and rice  Sultana sponge or yoghurt pots 	Chicken Kiev's with carrots and broccoli  Choice of fruit
Friday	Pork bean and sweet potato curry and rice Choice of fruit	Pasta Bolognese  Gingerbread or sultana sponge 