























Menu 1

	Lunch	Tea
Monday	Pasta Bolognese   Choice of fruit	Fish piece with roasted vegetables and potatoes  Orange shortbread or yoghurt pots  
Tuesday	Beef goulash and rice  Gingerbread or orange shortbread  	Chicken Kiev's with carrots and broccoli   Choice of fruit
Wednesday	Pork, bean and sweet potato chilli and rice Choice of fruit	Sweet and sour noodles  Apple strudel and custard or yoghurt pots   
Thursday	BLT  Gingerbread or sultana sponge  	Chicken and chorizo paella   Choice of fruit
Friday	Sausage, mashed potato, peas and gravy  Choice of fruit	Vegetable soup and homemade bread   Sultana sponge or yoghurt pots 